**The Easy Path of Islam**

By Mansoor Ali Shah
لَا إِلٰهَ إِلَّا اللّٰهُ مُحَمَّدٌ رَسُولُ اللّٰهِ

Baba and Mansoor's Conversation

Mansoor was sitting on the prayer mat, looking frustrated. His small hands held a Tasbeeh (prayer beads), and he sighed deeply. Baba noticed and sat beside him.

Baba: Mansoor, my dear, what's troubling you?

Mansoor: Baba, I want to be the best Muslim! So today, I decided to pray extra prayers, read five pages of the Quran, and do Tasbeeh 100 times. But now, I feel tired, and I couldn't finish everything. Did I fail?

Baba: (smiling) My son, your effort is beautiful, and Allah loves those who try. But Islam teaches us balance. Let me share a Hadith with you. The Prophet ﷺ said:

"Religion is very easy, and whoever overburdens himself will not be able to continue. So be moderate, do your best, and take strength by worshipping in the mornings and nights."

Mansoor: What does that mean, Baba?

Baba: It means we should not make religion difficult for ourselves. Islam is not about doing everything at once. It's about consistency and balance. Even the Prophet ﷺ, who was the best of all, worshipped in a way that he could maintain every day.

Mansoor: So, I don't have to do everything in one day?

Baba: Exactly! Imagine if you tried to eat all your meals for the week in one day. Could you do it?

Mansoor: (laughing) No, Baba! That would be too much!

Baba: Just like our body needs food daily in the right amount, our heart and soul also need worship in a way that we can continue. If we make it too hard, we might stop altogether. But if we do a little every day, Allah will love it more.

Mansoor: So, if I pray on time, read a little Quran every day, and do Tasbeeh, that is good?

Baba: Yes, my dear. The best deeds in Islam are the ones done regularly, even if they are small. And Allah rewards us for our sincere efforts.

Mansoor: Thank you, Baba! From now on, I will do my best without feeling overwhelmed.

Baba: That's the spirit, my son. Islam is a journey, not a race. Walk on it with love and ease, and Allah will always bless you.